# Giro "De Sotecòrdes"

# **SNOWSHOEING IN THE DOLOMITES**

# Cortina

#### AREA

Dolomites- Tofane - Pomagagnon

#### FACE

South

# DIFFICULTY

Medium

#### TIME

3 - 4 hours

# BEAUTY

5

#### **Notes**

No obvious danger. The itinerary can also be carried out during snowfalls.

### **ASCENT**

250 m

#### DESCENT

250 m

# **POPULARITY**

Medium

#### GEAR

Normal equipment for winter walking, snowshoes and poles. Binoculars recommended.

#### INTRODUCTION

This is a classic itinerary that starts from the Passo Falzarego road and leads up to the south face of the Tofana di Rozes. This is one of the symbols of Cortina and its 3225m summit was first reached by the famous Viennese mountaineer P. Grohmann in 1864, together with the local Mountain Guides F. Lacedelli, A. Dimai and S. Siorpaes.

# **GETTING THERE**

Continue past Pocol and park immediately after the river Rio Bianco bridge, located close to "Cian Zopiè" and a "Parco Naturale delle Dolomiti d'Ampezzo" signpost.

# Access

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#### **DESCRIPTION**

Follow path no. 414 easily uphill northwards, signposted Rif. Dibona. At the fork continue left following signs for the refuge, steeper than before, through the larch and fir trees which offer excellent protection for deer and chamois. A careful look at these trees reveals lichens, natural indicators of a clean, unpolluted habitat. Leave Rio Bianco to your right and continue climbing towards the base of the incredible Tofana di Rozes bastion. Coast alongside the river once more to reach a beautiful opening and "Cason de Sotcòrdes". Walk past the building (and excellent resting place) and head NE to an obvious path that leads to a large and beautiful small pine tree at 2000m. Close to the cables used to transport food up to rif. Giussani you are faced with a choice: either continue along the obvious path to Rif. Dibona, or descend directly down the wide valley to return to the path used earlier on in the day. This is reached via a

fun abseil southwards to the river, which is then followed, on the left-hand bank, all the way back down to the path. For those proceeding to Rif. Dibona (2037m), continue down the obvious road to a hairpin bend and path no. 442 for "Cian Zopè – Cinque Torri". Flat at first, this then leads to a rocky shoulder, down rightwards to reach the main road SS 48 (1724m).

#### RETHEN

The itinerary finishes where it started at "Cian Zopè".

#### LINK

http://cortina.dolomiti.org http://www.planetmountain.com http://www.guidecortina.com







